



Preoperative Instructions

Patient Name _____ Date _____

Please arrive 15 minutes prior to your appointment to ensure your procedure begins on time. If you are more than 30 minutes late, your appointment may be rescheduled.

If you **ARE** having sedation (procedure and insurance dependent):

1. Do not eat for 4 hours prior to your injection.
2. You may drink clear liquids (water, coffee without creamer, tea, juice and carbonated drinks) for up to 2 hours before coming for your procedure.
3. If you are diabetic, hold your diabetic medication and do not eat or drink anything 4 hours prior to your appointment.
4. A responsible adult (age 18 or older) is required to come and stay in the building with you on the day of your procedure. They must also remain with you for 24 hours after your procedure.
5. Your procedure may be rescheduled if your driver leaves the building.
6. If you are being transported by public transportation, a responsible adult (age 18 or older) is required to be present and remain with you for 24 hours after your procedure.

If you are **NOT** having sedation:

1. You may eat and drink prior to your injection.
2. If you are diabetic: Please take your diabetic medicine and eat one piece of toast before coming for your procedure. Unless you are receiving sedation then, hold your diabetic medication and do not eat 4 hours prior to your appointment.
3. You **DO NOT** have to bring a responsible adult with you.

VERY IMPORTANT:

- If you are a diabetic, please check that your blood sugar is below 200 before your arrival. If it is not, please call. Your procedure may be cancelled, rescheduled or delayed if your blood sugar is at or above 200 upon arrival.
- If you have Hypertension (High Blood Pressure): Please take your prescribed blood pressure medication at your regular scheduled time.
- Please review the medications listed below. If you are taking any of those listed, please coordinate with the prescribing physician to stop taking as directed prior to your procedure.
- If you have not stopped these medications as instructed, your procedure will be rescheduled.

Do not stop any medication without advice from the prescribing physician

Lovenox	(Must stop 1 day before your procedure)
Pletal (Cilostazol)	(Must stop 3 days before your procedure)
Pradaxa	(Must stop 3 days before your procedure)
Eliquis	(Must stop 3 days before your procedure)

Xarelto	(Must stop 3 days before your procedure)
Coumadin	(Must stop 5 days before your procedure)
Brilinta	(Must stop 5 days before your procedure)
Vitamin E	(Must stop 5 days before your procedure)
Persantin	(Must stop 7 days before your procedure)
Plavix	(Must stop 7 days before your procedure)
Effient (Prasugrel)	(Must stop 7 days before your procedure)
Savaysa	(Must stop 7 days before your procedure)
Aggrenox	(Must stop 10 days before your procedure)

Must stop 6 days before your procedure:

Advil
 Actiprofen (ibuprofen)
 Aleve (Naproxen)
 Anaprox (Naproxen)
 Aspirin
 Aspergum
 BC Powder
 Cataflam (Diclofenac)
 Celebrex (Celecoxib)
 Clinoril (Sulindac)
 Daypro (OXaprozin)
 Diclofenac (Voltaren)
 Duexis (Ibuprofen/Famotidine)
 Ecotrin
 Emperin
 Excedrin
 Fenac (Diclofenac Sodium)
 Feldene (Diroxicam)
 Fenac (Diclofenac Sodium)
 Fenopron (Nalfon)
 Indocin (Indomethacin)
 Genpril (Ibuprofen)
 Goody's
 Halfprin
 Haltran (Ibuprofen)
 Ibuprin (Ibuprofen)
 Ibuprofen
 Lodine (Etodolac)
 Mobic (Meloxicam)
 Midol (Ibuprofen)
 Naprosyn (Naproxyn)
 Motrin (Ibuprofen)
 Nuprin (Ibuprofen)
 Orudis (Ketoprofen)
 Pamprin
 Relafen (Relifex)
 Toradol (Ketoralac)
 Treximet (Naproxen/Somatripton)
 Xylon